

Diana Mayer, LCMFT
4405 East-West Highway
Bethesda, Maryland 20814
(202) 670- 0427
LCM488

Informed Consent for Treatment of Children and Adolescents

Diana Mayer's policy is to receive consent from both parents, whether they are married, separated or divorced. Having agreement among parents about treatment is helpful to facilitate reaching therapeutic goals. Therefore, I will ask both parents to attend the initial session, or if this is not possible, to have a phone conversation and obtain consent in writing from the parent who cannot attend.

Only a legal parent or guardian can consent to the treatment of a minor child. Stepparents and foster parents cannot consent to treatment, but may schedule the initial sessions.

Parents are asked to provide all contact information of the non-custodial parent so that paperwork can be sent to them.

Both legal parents of the child must consent to the ongoing treatment of the minor child with Diana Mayer.

If either parent requests that the therapy be discontinued, the therapist will inform the other parent of this request and therapy will be discontinued immediately. *This rescinding of treatment or of consent must be in writing from the parent who is making this request.*

The presenting parent assumes financial responsibility for all services rendered, even if the other parent holds the insurance for the child(ren). The presenting parent is the individual who signs the office policy, and therefore needs to take responsibility for the personal reimbursement with the other parent.

If the non-custodial or other parent asks for information regarding the child in therapy, the therapist will provide a summary of treatment, including presenting problem, dates of sessions, and general treatment plan, as long as his/her parental rights are intact.

Stepparents seeking treatment for the child(ren)

Stepparents cannot consent to the treatment of a stepchild. They cannot rescind consent for treatment unless there is court documentation giving that stepparent limited guardianship for that specific purpose. Stepparents would need to obtain proper consents from both legal parents as well as obtain a release of information in order to seek treatment for the child.

Diana Mayer, LCMFT
4405 East-West Highway
Bethesda, Maryland 20814
(202) 670- 0427
LCM488

Consent and Emergency Situations

For a child or adolescent who needs to be seen in an emergency or crisis situation, efforts will be made by the therapist to obtain either oral or written consent from each parent. If such consent cannot be obtained prior to the first appointment, the child or adolescent may be seen for a one-time appointment to assist in the resolution of the crisis or referral for appropriate services.

Custody and visitation issues

As your child's therapist, I cannot make any recommendations about custody or visitation issues. If these issues are a concern, I may speak with you about a referral to another professional for a formal custody evaluation, mediator, or guardian ad litem. It is assumed that both parents want to work toward the best interest of their child, which includes maintaining a safe, therapeutic environment for your child.

By signing below, I am indicating that I have read, understand, and agree to the policy as it pertains to Informed Consent for the treatment of my child,

_____ (child's name).

MOTHER/LEGAL GUARDIAN

Printed Name

Signature

Relationship

Date

FATHER/LEGAL GUARDIAN

Printed Name

Signature

Relationship

Date